




Ambulatory Detox Services

Access Carroll, in partnership with the Carroll County Health Department Bureau of Prevention, Wellness and Recovery, offers this program to provide an opportunity for adult patients to become opiate and alcohol free. Patients are given the support they need to reflect on their past actions and events and learn to make sound decisions about their drug and alcohol problems. Because addiction is a family disease, treatment and support are offered to the individual and family members or significant others. Our team is here to help today!

Admission Criteria

For admission into the program, clients must:

- Have an alcohol or opiate problem and need help detoxing from the substance;
- Be at least 18 years of age;
- Have transportation or the ability to walk every day during the detox process to **Access Carroll, located at 10 Distillery Drive, Suite 200 in Westminster;**
- Commit to visiting the agency for 2 hours daily for a minimum of 5 to 7 days;
- Schedule an appointment for a substance abuse evaluation or have a direct community referral and be free of any health conditions that could complicate detoxification from substances; and
- Have a support person and stable housing.

Over 

What happens when someone is admitted to the program?

Clients will receive a comprehensive medical history and physical assessment at the time of admission. The practitioner will then prescribe medications to assist the client with the withdrawal symptoms. Medications will be provided on site.

Each day during the detoxification process, clients will be assessed by the nurse and be medicated appropriately according to their symptoms. Some clients may be asked to return to the facility in 2 to 4 hours for repeated assessments.

A certified addictions counselor will also assist clients with discharge planning to other levels of care. An assessment of medical, emotional and substance abuse will be completed during this treatment.

What happens when someone completes the program?

Upon completion of detox services, all clients are encouraged to seek further treatment. The recommendations for the next level of care are made by the counseling staff on an individualized basis. A variety of factors are taken into consideration, such as the client's physical, mental, financial, family and legal factors, as well as previous treatment episodes. We may refuse to continue outpatient detox readmissions to anyone who has not benefited from or followed through with the treatment services following multiple detoxification attempts.

What role does the family play in treatment?

Addiction is a family disease. Treatment involves not only the individual with the substance abuse problem, but his or her family members or significant others as well. If interested, please contact Access Carroll at 410-871-1478.

How much does it cost?

We are here to help! Costs are established on an individual basis. Proof of income and insurance information is necessary to determine program fees. Please contact Access Carroll at 410-871-1478 to discuss your options.

If interested, please contact Access Carroll to schedule your appointment.

**Access Carroll, Inc.
10 Distillery Drive, Suite 200
Westminster, MD 21157
410-871-1478
www.accesscarroll.org**