



ACCESS carroll

INTEGRATED HEALTH CARE

The Every Hand Counts Annual Campaign

2017-2018

***Give Us
Your Hand
So We
Can Give
Hope!***

**Your Help is
Critically Needed!**

- Responding to the Opioid Crisis
- Life Changing Dental Care
- Building a Legacy of Good Health



**Medical, Dental, and Behavioral Health Care
Helping Carroll County Neighbors in Need**

OUR SERVICES

Primary Health Care

Dental Care

Behavioral Health Care

Individual and Group Counseling

Ambulatory Detoxification & Maintenance Services

Recovery Support Services

Medication & Supply Assistance

Laboratory & Radiology Testing

Chronic Disease Management

Referrals to Specialists

Patient Education & Resources

Care Coordination

Specialized & Intense Case Management

Public Assistance Application Support

Insurance Navigation & Enrollment

Community Services Resource Navigation

We accept Maryland Medicaid and offer integrated health care on a sliding fee scale based on family size and annual income.

Access Carroll is open full time to meet the needs of our community!

We have just expanded weekend hours to provide outpatient ambulatory detox of opioids and alcohol and acute medical care services.



Daniel Aukerman, MD
Medical Director

Hours of Operation

Monday - Thursday - 8:00 AM to 8:00 PM

Friday - 8:00 AM to 5:00 PM

Saturday & Sunday - 9:00 AM to 1:00 PM

Closed on Major Holidays

See our website for more information
www.accesscarroll.org

Main Office Number:
410-871-1478

Our Mission

To champion health and provide quality integrated health care services for low-income residents of Carroll County, Maryland.

Our Philosophy

We believe every individual should have access to health care that is coordinated, comprehensive, culturally sensitive, community based, accountable and high quality. We also believe all individuals should have the right to health information, the opportunity to participate in their plan of care and the right to accept responsibility for their own care to the extent to which they are able. Access Carroll sees the future Carroll County, Maryland as a community that provides an unencumbered path to integrated health care services to every low-income resident. Access Carroll is a member of the Carroll County Comprehensive Continuous Integrated Systems of Care Network.

Access Carroll is a private nonprofit 501(c)(3) organization, which is not government operated.

We rely on donations from individuals, corporations, foundations, civic and faith based organizations and several fundraisers to provide full services.

For more information call 410-871-1478

To donate online, visit:

<http://www.accesscarroll.org/donate-now/>

Learn more about us...

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A MESSAGE FROM THE EXECUTIVE DIRECTOR



Dear Friend,

We need your help! More than any other time since our opening, we are facing our greatest financial need to ensure men, women, and children in our community are able to access life-saving health services.

They could be your friends, neighbors or even family members. We all know of somebody, perhaps even yourself, who has fallen through programs, services, or insurances at some point in life, or simply cannot access the care needed. In fact, there are currently an estimated **22,000** low-income residents of all ages in the Carroll County community lacking adequate access to medical, dental and behavioral health care. Since 2005, Access Carroll is the only full time safety-net health care provider with a mission to serve at-risk residents in Carroll County. Access Carroll works closely as a partner with Carroll Hospital and Carroll County Health Department to ensure those most in need are receiving timely, high quality, and critically needed health services.

Access Carroll is a private nonprofit organization helping to directly address gaps in health coverage and provide access to integrated medical, dental and behavioral health care for low-income, at-risk residents in Carroll County. We are centrally located in downtown Westminster in the Citizens Services Complex Building on Distillery Drive and provide health services full time, including chronic disease management, medication assistance, case management, and other critical wrap around services for whole-person health. In response to the opioid epidemic plaguing our community, we just expanded weekend hours to enable ambulatory detox and acute medical care services seven days a week.

Despite the greatest efforts of the Affordable Care Act, the fact remains that many thousands of residents are still without adequate access to health services, and **we need your help**. Access Carroll is positioned to be a leader and partner in achieving the best health outcomes for our community. As a premier health care home for low-income residents, Access Carroll is experiencing tremendous growth and demand for their services, and this year needs to raise approximately **\$1.4 Million Dollars** for operational expenses.

As a full-time private nonprofit, Access Carroll depends upon donations and gifts from our community. Please consider making a donation of any size to our “Every Hand Counts” campaign. Your hand counts in providing life-saving health services for our friends, neighbors, and family in Carroll County!

If we can answer any questions or if you would like a tour of our newly expanded facility, please call Kristin Saurborn, Access Carroll’s Development Assistant, at (443) 952-7506 or email her at KSaurborn@accesscarroll.org.

Thank you, in advance, for your generous contribution to our “Every Hand Counts” campaign. Please know that every hand counts and **your gift will positively impact** the lives of many low-income residents of Carroll County by enabling Access Carroll to provide high-quality, coordinated health care to these individuals. **You** can make a difference in the health and wellness of our community!

Sincerely,

Tammy Black

Executive Director



**Give the gift of life this year!
Help us help those most in need!**

ACCESS CARROLL RESPONDING TO THE OPIOID CRISIS

The latest Carroll County Health Needs Assessment ranked mental health and illegal substance abuse in the top five health issues affecting our community. According to latest statistics from DHMH, there is a high prevalence of both mental health and substance use disorders in Carroll County:

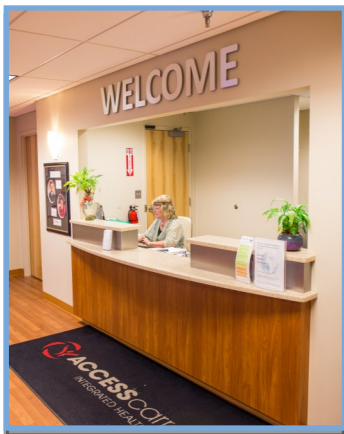
- * 1 in 5: Mental Health (approximately 33,000)
- * 1 in 10: Substance Use Disorder (approximately 17,000)

Over the recent months, both Maryland Governor Larry Hogan and President Donald Trump have acknowledged an opioid epidemic sweeping across our state and nation. Carroll County is also being heavily impacted with alarming numbers of overdoses, fatalities, and other devastating socioeconomic consequences due to opioid and chemical dependency. To further compound the issue is a lack of accessible resources to help those in need receive timely, supportive, and efficient care for recovery.

In a unique and strategic partnership with the Bureau of Prevention, Wellness, and Recovery of the Carroll County Health Department and Carroll Hospital, Access Carroll is directly combating the opioid epidemic through multiple highly collaborative efforts including:

- * Walk-In Substance Abuse Assessments
- * Ambulatory Detox Services for Opioids and Alcohol
- * Medication Assisted Treatment Maintenance Services
- * Individual, Group, and Family Counseling
- * Theracoustic Spas - Sound Wave Therapy
- * Urgent Care for Crisis Intervention
- * HIV Testing
- * Naloxone (Narcan) Training for patients and community
- * Peer Recovery Support Services

Access Carroll is the only full time safety net in the community offering integrated health services including opioid and alcohol detoxification for Carroll County residents in need. And, as of November 2017, we are open on the weekends to enable these life-saving services 7 days a week. **We need your help to ensure these services remain intact!**



NO WRONG DOOR POLICY

Access Carroll has adopted the “no wrong door policy” – as have many other organizations in Carroll County! The goal of each staff member, both paid and volunteer, is to direct anyone walking in our doors with viable options for solutions, even when Access Carroll is not the needed solution. If we don’t have the answer, we find someone who does and help connect those in need to the right place for the best answer. Access Carroll has a working relationship with many organizations in our community (in addition to our strategic partners-Carroll Hospital Center, Carroll County Health Department and the Partnership for a Healthier Carroll County), such as Anchor Pharmacy, Carroll County Youth Service Bureau, Carroll Transit System, Catastrophic Health Planners, Human Services Program of Carroll County, Shepherd’s Staff and Westminster Rescue Mission – to name only a few. Organizations come together for training to reach our community. In addition, we organize public events in our surrounding communities for education and awareness.

We work together to serve our Carroll County family, friends and neighbors in need.

ADD YOUR NAME TO THE LEGACY OF GOOD HEALTH!

Access Carroll is in need of several community health champions to outfit behavioral health services for those most in need in Carroll County. Name recognition opportunities currently available include:

- * Administrative Behavioral Health Offices A and B: \$20,000 each
- * Administrative Behavioral Health Conference Room: \$10,000
- * Behavioral Health Liaison Office: \$10,000
- * Crisis Intervention Office: \$10,000
- * Intensive Case Management Office: \$10,000



Contact Kristin Saurborn at KSaurborn@accesscarroll.org for more information.

PRIMARY CARE IS THE FOUNDATION OF GOOD HEALTH!

Access to affordable and high quality primary care is critical to the success of an individual and family's overall health care during the entire lifespan. A primary care provider is able to see the big picture and support a patient's prevention, wellness, and management of acute and chronic conditions. With Access Carroll's innovative integrated team approach, a patient can receive primary medical, dental, and behavioral health services, including full wrap around services. Integrated care takes the fragmented pieces of health care and ties them together for the benefit of the patient and their family. This foundational coordination of care is a hallmark of Access Carroll's success in serving nearly 10,000 individual patients since opening in 2005. Access Carroll is grateful for our amazing team of volunteer, in-kind and core paid staffing to serve those most in need.

"They were the only ones that would see me without insurance and helped me get great care. Access Carroll gave me a miracle—my life!"

Susan
Access Carroll Patient

In addition to primary care, Access Carroll provides full wrap around care coordination to ensure patients have access to diagnostic services, specialty care, medications, medical supplies, and equipment. Patient education and care coordination are important to a patient's success in both managing their health conditions and navigating the resources available to them. Access Carroll has a unique medical and social work support team to address whole-person centered health care from head to heart and teeth to toes!

Over the coming year, Access Carroll is estimating...

- 5,500** Individual men, women, and children will be seeking life-saving primary health care.
- 7,000** Primary Care visits will be provided to those most in need.
- 3,500** Care Coordination and Intensive Case Management Services will be provided.



**Your support is greatly
appreciated and needed!**



Bethany Six, CRNP - Family Practice Nurse Practitioner

HEALTHY MOUTH, HEALTHY BODY

Pegah Ghiasi, DDS has taken action to improve Carroll County's dental health as a leader in the integrated health care team, ensuring a patient's overall health and wellness from teeth to toes. To her patients, she is their champion for helping them discover the missing pieces to better health. Poor dental health has been linked to cardiovascular disease, respiratory infections and diabetic complications.

A Life Changing Smile For a Teenage Girl

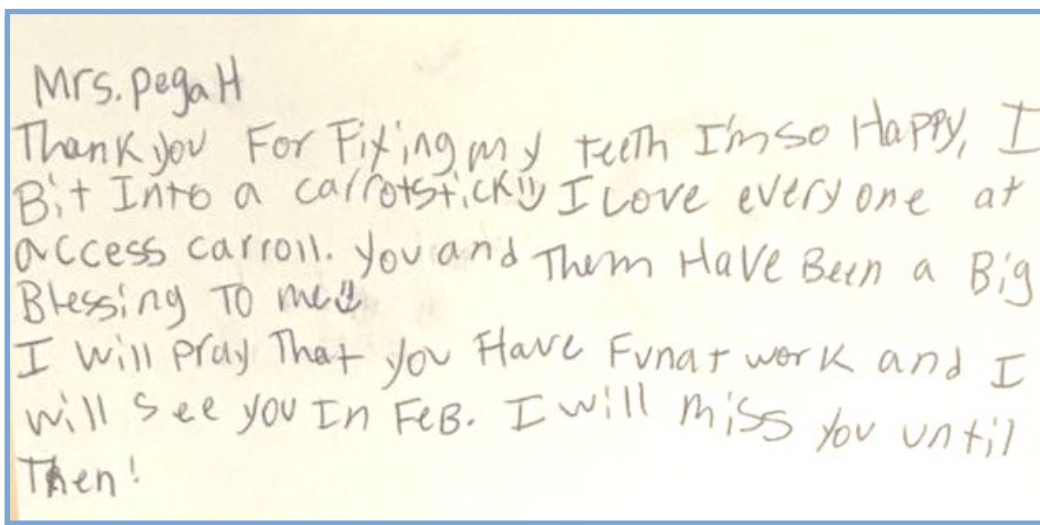
This year, a 13 year old girl came in for a comprehensive dental exam with Dr. Ghiasi. Panoramic and bitewing x-rays revealed a diagnosis of Ectodermal Dysplasia of the teeth. People afflicted by this condition display with teeth missing altogether or reduced in number. Teeth that are present are widely spaced, tapered, or malformed. In persons with some types of Ectodermal Dysplasia, the enamel (outer layer of the teeth) is defective and there may be an excessive number of cavities.

When teeth are missing, the jawbones in which they are ordinarily embedded do not develop well, leading to a typical aged appearance in the face. Dr. Ghiasi devised a full treatment plan that included a combination of extractions, prosthetics, and restoration of teeth. Dr. Ghiasi arranged a consultation with specialists Dr. Michael Linnan & Dr. Arash Rostami, who provided complimentary assistance to the young patient and converted a partial denture into an over denture. As this young patient grows, she will require further orthodontics, prosthodontics and implants in the future, but Access Carroll will continue to be here to help her throughout her challenging journey with Ectodermal Dysplasia.

Below is a letter from the young lady to Dr. Ghiasi, in which she expresses her gratefulness and how simply joyful it is for her to be able to finally bite into a carrot stick!



Pegah Ghiasi, DDS,
Chief Dentist, 2017



Access Carroll is the first and only dental clinic in the county offering full time comprehensive dental care for any age resident on a sliding fee scale. Services include diagnostics, prevention and hygiene, restorative, prosthetics and emergency extraction services. Patients receive high quality care to ensure they have a smile that gives them the confidence they need to live strong, healthy, and independent lives. We need your help to ensure affordable and quality dental services are available for people of all ages in our community!

HOW YOUR GIFT IS USED AT ACCESS CARROLL

- \$50 One dental visit including x-rays and fillings
- \$100 Medications for three diabetic patients for one month
- \$250 Addiction Recovery Services for one patient
- \$500 Specialty Care and Diagnostics for three patients
- \$700 Medical Supplies for one month – serving 400 patients a month
- \$1,000 Dental Supplies for one month – serving 200 patients a month
- \$1,500 Technology Services for one month – serving 700 patients monthly
- \$2,500 Utility and Operational Fees for one month – 1,700 visits monthly

We appreciate your support to keep our services open full time 7 days a week!



Medical Equipment Wish List

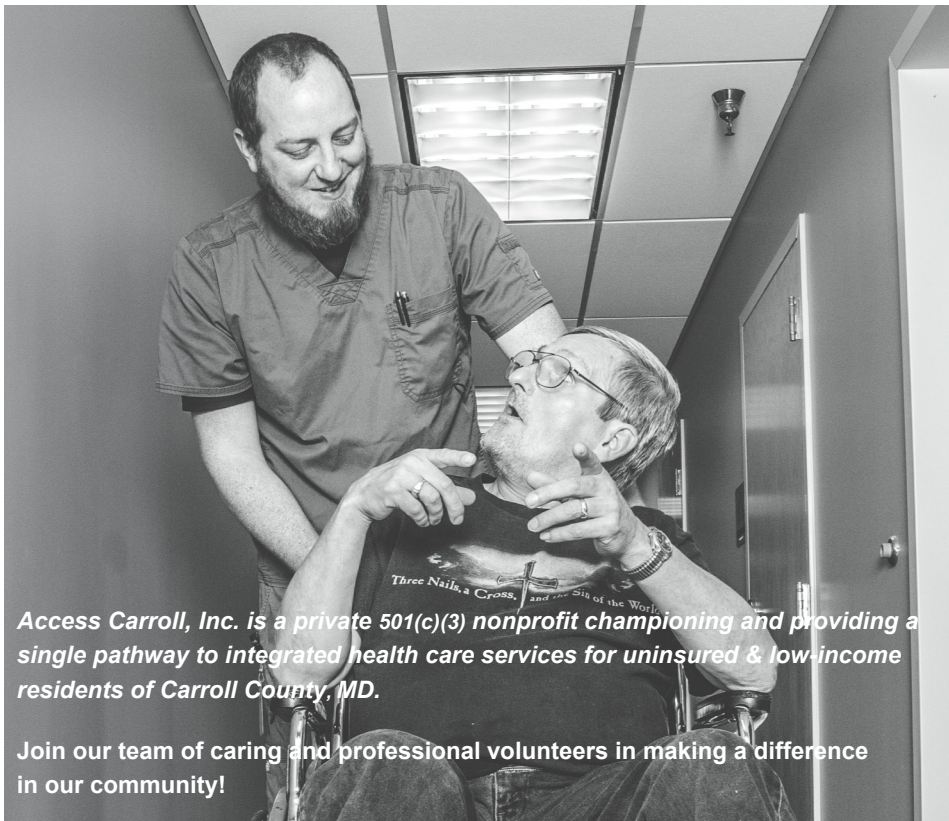
- Pediatric Scale = \$379
- Audiometer = \$1,889
- Safety Trash Cans = \$2,200

Donations greatly needed:

- Individual Serving Soup & Pasta Meals—microwaveable
- Breakfast & Nut Bars - individually wrapped
- Paper Plates, Plastic Utensils and Napkins
- Travel Size Soap, Shampoo, and Deodorant
- Feminine Hygiene Products
- Toilet Paper & Facial Tissues
- Wash Cloths
- Disposable Shavers
- Socks and Underwear—adult sizes
- Sweat Pants and Sweat Shirts—dark colored—adult sizes
- Snack Size & Sandwich Size ZipLock Bags
- Tide Laundry Detergent &
- Downey Softener for High Efficiency Machines
- Paper Towels on a Roll
- Windex All Purpose Spray Cleaner
- Bottled Water & Coffee Supplies (K cups, stirrers, creamers)
- Paper Clips and Black Ink Pens



**Thank you
for your support!**



Access Carroll, Inc. is a private 501(c)(3) nonprofit championing and providing a single pathway to integrated health care services for uninsured & low-income residents of Carroll County, MD.

Join our team of caring and professional volunteers in making a difference in our community!

Lend a Hand. Take OUR Hand. Build A Path. Champion Health. Change Lives.

Contact Us

Give us a call for more information or to make an appointment.

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Suite 200
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410-871-1478

info@accesscarroll.com

Visit Us Online

 AccessCarroll.org

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 [@AccessCarroll](https://twitter.com/AccessCarroll)



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